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# ZERO WASTE 101

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## WHAT'S INCLUDED?

45 minutes of interactive lecturing  
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15 minute Q+A segment  
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Visual presentation elements  
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Tablescape of zero waste swap examples  
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Post-event digital workbook for participants



## THE OVERVIEW

Listen and learn from Polly Barks through her main offering, an introduction to sustainability and zero waste that goes beyond a mason jar of trash. From single-use plastics to CO2 footprints and beyond, Polly will equip participants with the information needed to think critically about the unsustainable systems they exist in.

Each participant will leave with new ideas, 3-4 (totally free!) action items that will help reduce their reliance on single-use plastics and shrink their trash can, and access to the *Understanding Sustainability* digital workbook for further education.

## ABOUT POLLY

Polly Barks helps people and companies transform their approach to environmental sustainability by providing fact-based, inclusive resources and strategies. She shares the message of accessible activism to her audience of 30K+ monthly site viewers on 35K+ social media following.

Her workshop has been presented to a range of different groups - from students at Purdue and IU to non-profits to hundreds of online students.